



## Bwydlen Hydref 2016 Autumn Menu

### Cwrs Cyntaf

Brest Sguthan Lleol, Purée Blodfresych, Saws Cloddiau Llanfihangel 6.50

Cregyn Duon Porth Tywyn mewn Seidr Cymreig 6

Samosa Tatws Melys a Chorbys, Jelly Afal a Tsili 6 (LI)

Cawl y Dydd a Bara Cartref 5 (LI)

Cacenni Cranc Lleol, Creme Fraiche Tartare 6.50

Olifau Gwyrdd, Bara ac Olew Balsamig 4.50 (LI)

### Starters

Local Pigeon Breast, Cauliflower Purée with Llanfihangel Hedgerow Sauce 6.50

Burry Port Mussels in Welsh Cider 6

Sweet Potato and Chickpea Samosa with Apple Chilli Jelly 6 (V)

Soup of the Day with Homemade Bread 5

Ceredigion Crab Cakes with Creme Fraiche Tartare 6.50

Green Olives, Bread & Balsamic Oil 4.50 (V)

### Prif Gwrs

Pastai Poeth y Dydd, Sglodion, Llysiau 11.50

Byrger Cig Eidion Cymreig gyda Chaws, Salad a Sglodion 10.50

Byrgyr Caws Gorbwmpen a Ffa Cymysg gyda Sglodion 10.50 (LI)

Madarch y Maes gyda Chaws Black Bomber Eryri, Cacenn Datws, Wy Alltffedw, Tomatos wedi Rhostio, Berw'r Dwr 14.50 (LI)

Ffiled Eog wedi Rostio, Risotto, Creme Fraiche Marchruddygl 16.50

Corbenfras Bae Ceredigion mewn Cytew Cwrw gyda Sglodion a Phys Mâl 12.50

Cregyn Duon Porth Tywyn mewn Seidr Cymreig, Sglodion, Bara Cartref 13.50

Bol Porc Penlan wedi'i rostio'n araf, Tatws Mal a Mwstard, Bresych Gwyrdd 16

Brest Hwysaden Gressingham, Cacenn Tatws Melys, Broccoli, Grefi Eirin 17

Stêcen Syrllwyn Cymreig (8 owns), Madarch Garleg, Tomato Rhost a Sglodion 19.50 • Modrwyon Winwns 2.50 • Saws Pupur neu Gaws Glas Cymreig 2

### Main Course

Hot Pie of the Day, Chips, Vegetables 11.50

Welsh Beef Burger with Melted Cheese, Salad & Chips 10.50

Spiced Courgette, Squash and Mixed Bean Cheeseburger with Chips 10.50 (V)

Field Mushroom Black Bomber Welsh Rarebit, Hash Brown, Poached Birchgrove Egg, Roast Vine Tom, Spinach 14.50 (V)

Roast Salmon Fillet, Beetroot Risotto, Horseradish Creme Fraiche 16.50

Beer-Battered Ceredigion Bay Cod with Chips & Mushy Peas 12.50

Burry Port Mussels in Welsh Cider with Fries and Homemade Bread 13.50

Slow Roast Penlan Pork Belly, Wholegrain Mustard Mash. Buttered Green Cabbage, Mead Gravy 16

Roast Gressingham Duck Breast, Sweet Potato Cake, Broccoli, Plum Gravy 17

Welsh Sirloin Steak (8oz), Garlic Mushrooms, Roast Vine Tomatos & Chips 19.50 • Add Onion Rings 2.50 • Peppercorn or Welsh Blue Cheese Sauce 2

Tafarn Wledig • Bwyd Lleol Da • Rural Pub • Good Local Food

Llanfihangel y Creuddyn, Aberystwyth, Ceredigion. SY23 4LA

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### Pwdin

- Pwdin Taffi Cynnes, Hufen Ia Sinsir 5.50  
Pwdin Siocled gyda Caramel Halen Môn 5.50  
Tarten Ffigys a Chnau Almwn, Hufen Ia Eirin Llanfihangel 6.00  
Brownie Siocled gyda Hufen Iâ Mintys a Siocled 5.50  
Detholiad o Hufen Iâ Cymreig (Fanila, Mefus, Siocled neu Sinsir) £1.95 am belen  
Cawsiau Cymreig, Catwad Cartref, Bisgedi 7.00 Gwydryn o Port (50ml) £3  
Gwin Pwdin Tabali Late Harvest Muscat Potel £12 (37.5cl) neu Wydryn (100ml) am £4  
Coffi Liqueur £4.95

### Diodydd Poeth

- Espresso £1.30  
Coffi Americano £1.80  
Cappuccino £2.10  
Coffi Gwyn Melfed £1.90  
Latte £2.25  
Siocled Poeth / Siocled Poeth Gwyn £2.25  
Te £1.30

### Dessert

- Sticky Toffee Pudding, Ginger Ice Cream £5.50  
Halen Mon Salt Caramel Chocolate Pots 5.50  
Fresh Fig and Almond Tart, Llanfihangel Damson Ice Cream 6.00  
Chocolate Brownie with Mint Choc Chip Ice Cream 5.50  
Choice of Welsh Ice Cream (Strawberry, Chocolate, Ginger or Vanilla) 1.95 scoop  
Welsh Cheeseboard, Homemade Chutney, Bisgedi 7.00 • Glass of Port (50ml) 3.00  
Tabali Late Harvest Muscat Dessert Wine £12 (37.5cl) or Glass (100ml) £4  
Liqueur Coffee £4.95

### Hot Drinks

- Espresso £1.30  
Americano Coffee £1.80  
Cappuccino £1.90  
Flat White £1.90  
Latte £2.25  
Hot Chocolate / White Hot Chocolate £2.25  
Tea £1.30

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