

## Bwydlen Haf 2017 Summer Menu

### Cwrs Cyntaf

Salad Cig Oen Balsamig Cynnes a Ffeta £6.50

Myffin Spigolgy, Tomato Heulsych a Parmesan gyda Pesto (Ll)  
£6.00

Draenog y Môr, Salad Mango a Ffa Duon £6.00

Madarch Maes wedi'u Piclo Mewn Briwsion Bara a'u gweini gyda Dip  
Crème Fraiche a phersli (Ll) £6.00

Olifau Gwyrdd, Bara ac Olew Balsamig (Ll) £5.00

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### Prif Gwrs

Stêcen Cig Moch, Cacen Datws, Salsa Pin-afal £15.50

Wyls Rhost wedi'i stwffio â Thomatos Sur a Melus, gyda Chwscws  
Perlysiâu (Ll) £14.00

Burritos Cern Eidion, Salsa Crème Fraiche a Leim £15.50

Pastai Poeth y Dydd, Sglodion a Llysiâu £11.50

Byrger Cig Eidion Cymreig gyda Chaws Toddedig, Salad a Sglodion  
£10.50

Byrger Betys Coch, Afal, a Chnau Ffrengig gyda Chaws Danadl Teifi,  
Salad a Sglodion (Ll) £10.50

Hwyaden wedi'i choginio â Mêl yn null Teriyaki, Nwdls a Brocoli  
Rhost £17.00

Brithyll Chermoula, Salad Ffa Gwyrdd, Tomato, a Ffacbys  
£15.50

Ffritter Corbwmpen, Cyri Cnau Cashiw, a Reis (Ll) £13.50

Pysgodyn mewn Cytew Cwrw gyda Sglodion £12.50

Stêcen Sylrlwyn Cymreig, Madarch Garleg, Tomatos Gwinwydd Rhost  
a Sglodion £19.50

Modrwyon Winwns £2.50 Saws Caws Glas £2.00 Saws Grawn Pupur  
£2.00

### Starter

Warm Balsamic Lamb & Feta Salad £6.50

Spinach, Sundried Tomato & Parmesan Muffin with Pesto (v)  
£6.00

Sea Bass, Mango & Turtle Bean Salad £6.00

Breaded Pickled Field Mushrooms served with a Parsley Crème  
Fraiche Dip (v) £6.00

Green Olives, Bread & Balsamic Oil (v) £5.00

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### Main Course

Bacon Steak, Hash Brown & Pineapple Salsa £15.50

Roast Aubergine Stuffed with Sweet & Sour Tomatoes with Herb Cous  
Cous (v) £14.00

Ox Cheek Burritos, Salsa & Lime Crème Fraiche £15.50

Hot Pie of the Day, Chips & Vegetables £11.50

Welsh Beef Burger with Melted Cheese, Salad & Chips  
£10.50

Beetroot, Apple & Walnut burger with Teifi Nettle Cheese, Chips &  
Salad (v) £10.50

Honey Duck Teriyaki style, Noodles and roasted Broccoli  
£17.00

Chermoula Trout, Green Bean, Tomato & Lentil Salad  
£15.50

Courgette Fritters, Cashew Nut Curry & Rice (v) £13.50

Y Ffarmers Beer Battered Fish & Chips £12.50

Welsh Sirloin Steak, Garlic Mushrooms, Roast Vine Tomatoes &  
Chips £19.50

Onion Rings £2.50. Blue Cheese Sauce £2.00, Peppercorn Sauce  
£2.00

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### **Pwddin**

Cyrens Duon Llanfihangel gyda Theisen Frau  
Lafant £6.00

Cacen Polenta St Clement gyda Llus a Hufen Iâ Mêl £6.00

Browni Siocled, Piwrî Menyn Pysgnau a Hufen Iâ Traddodiadol  
£6.00

Hufen Iâ Conti  
Traddodiadol, Mêl, Blodauu'r Ysgaw, Siocled, Mefus, Sorbet Mango  
£2.20 am sgŵp

Cawsiau Cymraeg  
Catwad Y Ffarmers, Bisgedi £7.00

### **Diodydd Poeth**

Espresso £1.30  
Coffi Americano £1.90  
Cappuccino £2.10  
Coffi Gwyn Melfed £2.30  
Latte £2.25  
Siocled Poeth £2.25  
Te £1.30  
Coffi Gwirod £4.95

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### **Dessert**

Llanfihangel Blackcurrent Fool with Lavender  
Shortbread £6.00

St Clements Polenta Cake with Blueberries & Honey Ice Cream £6.00

Chocolate Brownie, Peanut Butter Purée & Traditional Ice Cream  
£6.00

Conti's Ice Cream  
Traditional, Honey, Elderflower, Chocolate, Strawberry, Mango Sorbet  
£2.20 per scoop

Welsh Cheeseboard  
Y Ffarmers Chutney, Biscuits £7.00

### **Hot Drinks**

Espresso £1.30  
Americano Coffee £1.90  
Cappuccino £2.10  
Flat White £2.30  
Latte £2.25  
Hot Chocolate £2.25  
Tea £1.30  
Liqueur Coffee £4.95

Rhowch wybod os oes ganddoch alergedd bydd / Please let us know if you have a food allergy.